



# Tips for saving money on your heating.



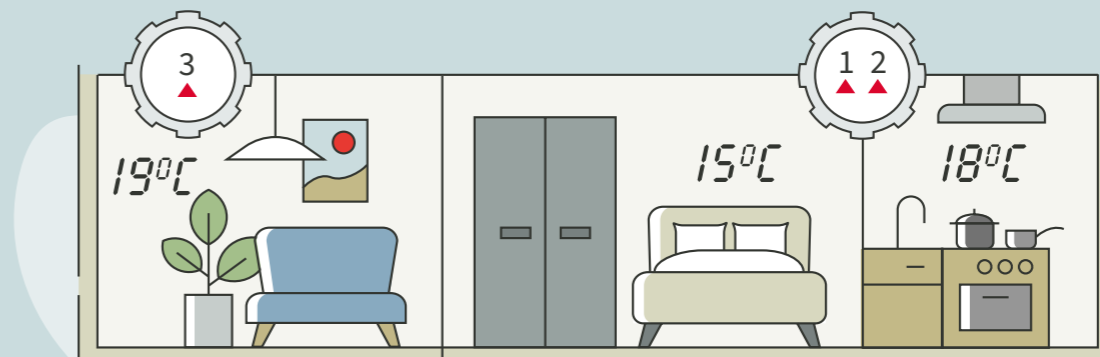
**ROCHDALE**  
woningstichting

# Save on your heating costs!

In this booklet, you will find tips to cut down on your heat usage. The less heat you use, the less money you will end up paying. Follow these tips!

## 1 Saving in autumn

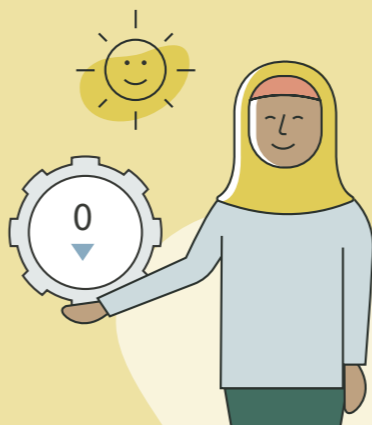
During autumn and winter (September to April), you should always turn the rotary knob of the radiator in the living room to **position 3**. This is the equivalent of approximately **19 degrees**. In the other rooms, you should turn it to **1 or 2**. Position 1 is about 15 degrees, position 2 is about 18 degrees.



✓ **Additional tip:**  
At night and when you are not at home, turn the rotary knob to 0 in all rooms.

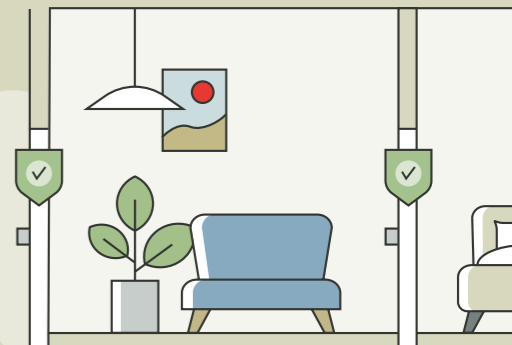
## 2 In spring

During spring and summer (May to August), you should turn the rotary knob in all rooms to **position 0**. It's getting warmer outside, so there's no need to turn on the heater.



## 3 Keep the doors closed

Keep the **doors** from the living room to other rooms (such as the bedroom) **closed**. This will keep the living room nice and warm.

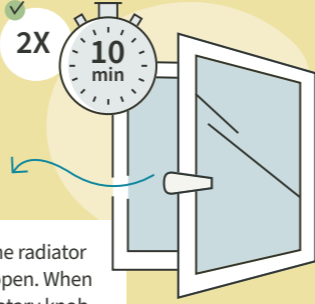


#### 4 Open the windows twice a day

Open all windows **twice a day** for 10 minutes (in the morning and evening). Dry air heats better.



✓ **Additional tip:** Turn the rotary knob of the radiator to 0 in all rooms while the windows are open. When the windows are closed again, turn the rotary knob in all rooms back to the correct position.



#### 6 Take shorter showers

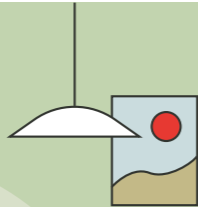
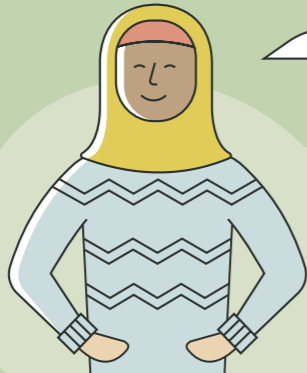
Shower once a day for a maximum of **five minutes**.

✓ **Additional tip:** Use an hourglass so you don't forget the time.



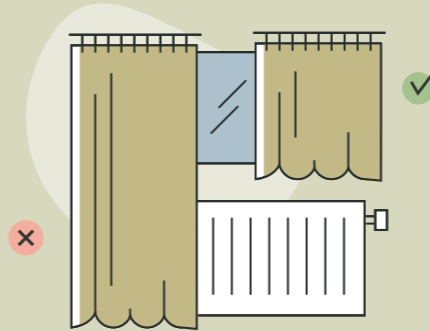
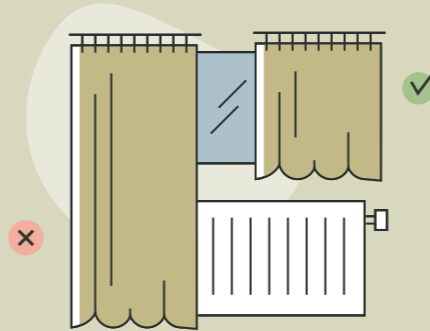
#### 6 Put on warm clothes

Are you cold? Put on **warm clothes**. Not just in winter, but in **summer**, too!



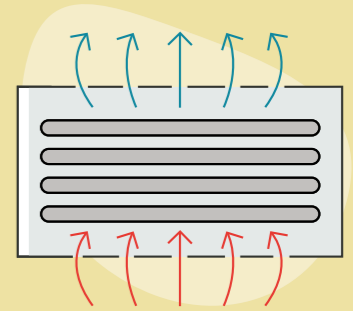
#### 8 Nothing in front of the heater

Keep the **radiator clear** to allow the heat to circulate. Do not place **items** (such as a sofa) against the heater. Do not hang **curtains** against the heater.



#### 9 Ventilation grilles open


Ventilate **24 hours a day, 7 days a week**. This will ensure that you always have fresh air.





# Saving money, together.

Rochdale will continue to help you save on your heating costs. Such as with this booklet. But also by explaining how your heating works.

## Contact us

 Mijn Rochdale

 020 215 00 00

 [www.rochdale.nl/contact](http://www.rochdale.nl/contact)





**ROCHDALE**  
woningstichting

[www.rochdale.nl](http://www.rochdale.nl)  
020 215 00 00